

# LUNG

# CANCER

Prevent and Detect

**Lung cancer is the leading cause of cancer death in the USA for men and women.**

**90% of lung cancer is caused by cigarette smoking.**

**The best way to protect yourself is to not smoke.**

**If you currently smoke or have ever smoked,**



Suffolk County  
Cancer Prevention  
and Health Promotion  
Coalition

Many insurance plans will cover screening if you are:

- Between the ages of 55-80
- Are a current smoker, or have quit within the last 15 years
- Have smoked the equivalent of 30 pack years (~~2 packs a day~~ for 15 years, etc.)

A low dose CT scan takes only 10 minutes and can save your life.

Early-stage lung cancer often has no symptoms.

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It is important to be screened and catch lung cancer before it spreads.

Support is Available:

For information about where to get screened, go to [www.suffolkcountyny.gov/cancerawareness](http://www.suffolkcountyny.gov/cancerawareness)

Or contact the